



HIGH SCHOOL



MHS CORE VALUES: EQUITY GROWTH COLLABORATION

A weekly principal's blog to share what is happening at Mundelein High School!

For a copy of the blog in google drive- English here! Espanol aqui!

Friday, April 14, 2023

Mustang News: Principal's Blog

Parents of Seniors,

We are all very excited for seniors who are participating in **"Senior Countdown"** festivities organized by students in Red Rage, but we must ensure all students are safe on campus. Students must follow the guidelines below to participate:

- Students must not bring in prohibited substances including images or brands of illegal substances (alcohol, beer, marijuana references).
- Students must not bring in items that are dangerous in such a way that can affect or hurt other students.
- Students must not use any stolen item. All items must be their own. This includes shopping carts or baskets from stores.
- Nothing living can join you.
- No weapons or look-alike / toy weapons allowed.

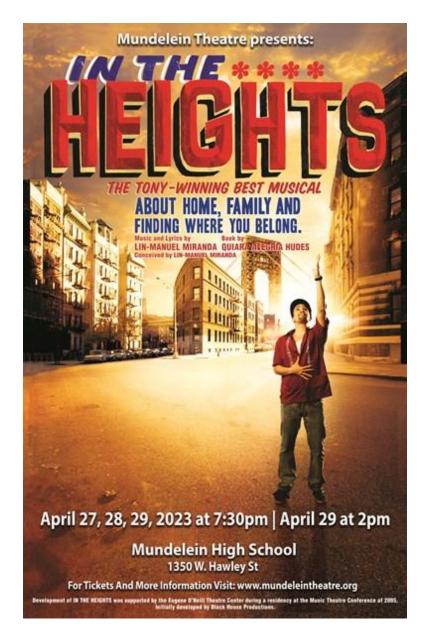
- All items must be school appropriate including following dress code and guidelines in the student handbook.
- Items must be carried/controlled by you only. No one may ride on items.
- Nothing motorized.
- Everything must fit next to you in class.

Items that do not follow these guidelines will be confiscated and eligible for pickup at the end of the day in the Dean's office. See <u>Do's and Don'ts</u>. MHS is not responsible for lost/stolen/damaged items.



In partnership, Dr. Alexandria Rios Taylor Principal 847-949-2200 x1230 ataylor@d120.org

UPCOMING



Prom

Tickets go on sale on April 17th on the MHS website: <u>https://mundelein.revtrak.net/</u>. All information is below.









MHS 2023-2024 Registration is Now Open



<u>Registration</u> is now open for the 2023-2024 school year. Information can be found on our <u>registration page</u>.

Social Emotional Learning Day

Students at MHS will view a presentation about sexual assault awareness on April 17, 2023. It is important for all individuals to understand mutual respect and consent, how to practice safety in the community, and what to do if you or someone you know has experienced sexual violation. These topics of sexual consent and sexual violence are extremely complex. This presentation serves as an introduction

to some things you need to know and reflect on as teens and adults. At the end of the presentation are numerous resources available to all.

Please click <u>HERE</u> to read the communication sent to all families and learn about opt-out procedures.

Please click <u>HERE</u> to view the altered bell schedule for the day.

Videos can be viewed below:

Sexual Assault Awareness April 2023 English Sexual Assault Awareness April 2023 Spanish

Ramadan

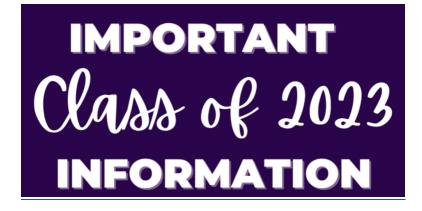


From March 22-April 21 our Muslim students are observing Ramadan. Throughout the month of Ramadan, Muslims fast during daytime hours. During the evening hours, the fast is broken with a small meal shared with friends and family. Fasting during Ramadan is one of the Five Pillars of Islam and is a time of spiritual growth and renewal.

If you would like more information about Ramadan, you may find this link helpful <u>https://en.wikipedia.org/wiki/Ramadan</u>

Class of 2023 Important Information

Seniors, click here to read important information regarding graduation!



Yard Signs for graduating seniors

Thanks to the MHS Foundation for the opportunity to purchase a yard sign or banner to celebrate your graduate!



Yard sign order form

Any questions, contact Lisa Johnson at: 847-370-6548

Decision Day Banners



https://ultimate-screen-printing.printavo.com/merch/collegesyardsigns



OPTIONS FAIR 2023

A fair to connect individuals with disabilities to essential resources for future planning

THURSDAY, APRIL 20, 2023

6:00 PM - 8:00 PM

MUNDELEIN HIGH SCHOOL D120 (ANNEX)

1500 W Hawley Street

Mundelein, IL 60060

GUEST SPEAKERS: Tina Lowry & Milan Myers, Aspire

6:00 PM - 6:45 PM

Organization Fair 6:30 - 8:00 PM

OPTIONS WEBSITE: CONSIDEROPTIONS.ORG

Spanish interpreting is available.

If requesting additional accommodations, please contact your home district by March 15, 2023

Agencies and resources at the OPTIONS FAIR areas of focus:

Educational Opportunities • Employment Services • Vocational Day Programs • Government Programs • Health Services • Legal Resources • Recreational Opportunities • Referral Sources • Residential Programs • Transportation Resources



FERIA DE OPCIONES 2023

Una feria para conectar a personas con discapacidades con recursos esenciales para la planificación futura

JUEVES 20 DE ABRIL DE 2023

6:00 p. m. - 8:00 p.m MUNDELEIN HIGH SCHOOL D120 (ANNEX) 1500 W Hawley Street Mundelein, IL 60060

INVITADOS: Tina Lowry y Milan Myers, Aspire

6:00 p. m. - 6:45 p.m

Feria de Opciones 6:30 - 8:00 p.m

SITIO WEB DE OPCIONES: CONSIDEROPTIONS.ORG

Habra interpretación en español disponible.

Si solicita adaptaciones adicionales, comuníquese con su distrito de origen antes del 15 de marzo de 2023

Agencias y recursos en las áreas de enfoque de OPTIONS FAIR:

Oportunidades educativas · Servicios de empleo · Programas vocacionales diurnos · Programas gubernamentales · Servicios de salud · Recursos legales · Oportunidades recreativas · Fuentes de referencia · Programas residenciales · Recursos de transporte

> Save the date for Maker Faire Lake County April 15, 2023

College of Lake County



You are invited to build new skills, showcase projects and make connections. There are a variety of ways to get involved with the Greatest Show & Tell event in Lake County.

Maker Faire Lake County

Parent Education Night

Our Student Services department will be hosting an upcoming Parent Education Night with the topic of Social Media Safety. This presentation will be provided in collaboration with Lake County Deputy Sheriff, Francis Foy who will join us for the event. The presentation will highlight the following topics:

- Positives and negatives of social media
- Popular types of social media platforms for teenagers
- Education on texting lingo your student might be using
- Information about the addictive nature of technology
- Strategies for parents/guardians
 - How to talk to your teen about social media safety
 - Recommended guidelines for safety

Attendees will have the opportunity to learn about the topics listed above and consider what items they may want to include in their own "family technology contract"

This event will be hosted on Tuesday, April 18th from 6:30-7:30 PM at MHS. Presentations will be available in English and Spanish. If you plan to attend, please fill out the RSVP form linked <u>HERE</u> so we know how many individuals to account for.

We look forward to partnering with you and hope to see you there! Please reach out to Stevee Libert (slibert@d120.org) with any questions.



CCRC

Seniors: It's not too late to complete your FAFSA. It is a graduation requirement to complete the FAFSA application or you must sign a nonparticipation form. If you need assistance or need to sign the non-participation waiver, please stop by the CCRC B105 and see Ms. Bogseth.

You can access the FAFSA form at FAFSA.gov



Athletics

Schedule for week of April 17

NLI Signing Day

Mundelein had 5 student athletes who have signed to continue their academic and athletic careers. Congratulations to all of you!

Olivia Benjamin, Volleyball, Carthage College

Kayla Clark - Lacrosse, Clarke University

Devon Duym - Lacrosse, Carroll College

Sharron Kagan - Track & Field, Miami University (OH)

Mila Photopolous - Softball, University of Wisconsin - Eau Claire



(L - R) Olivia Benjamin, Sharron Kagan, Mila Photopolous, Devon Duym and Kayla Clark

FUNDRAISERS

Spring is here, and that means it's time to get outside and spruce up your yard. We will be running our annual Mulch Fundraiser on Saturday, April 29 and Sunday, April 30 from 8am-4pm. If we have bad weather on that weekend we will bump the dates to 5/6-5/7. I have attached our flier with all the information. Sorry, no bulk mulch available, we only sell it by the bag for \$4 each. Mulch can be pre-ordered

and ready for you to pick-up, you can order and have us deliver and spread it for you, or you can just show up the day of and purchase what you need. Yes, I know that big orange store down the road is advertising bags for \$3.33 (that's also before taxes). First, that doesn't support MHS or a local Mundelein business. Second, Sawvell's mulch is drastically better quality. Finally, they won't deliver and spread it for you. If you don't have any need for mulch this year, please forward our flier to a neighbor or someone else that does. I'm also going to ask you to help us share our fliers on social media (especially those local subdivision and parent pages). Thanks for your help.



Where: Sawvell Inc parking Lot

20922 IL-176, Mundelein, IL 60060 (across from Sundance Saloon) What: Mulch Fundraiser (bagged mulch only) All proceeds will go directly to Mundelein Athletic Programs

How to get Mulch: Email us with your order before April 21, and it will be reserved and waiting for you in the school parking lot

Bags will be available to drive up and purchase on the day of

3 Colors Available!



Natural Dark Brown Red

deliver and spread the mulch for you! Delivery and Spreading Cost:

Why should you get dirty? Have us

A donation to the program

You determine how much we deserve

For more information about our mulch and how much you will need, see backside of this form

Orders and Inquiries Contact

cstocker@d120.org

The Mulch



- -Provided by Sawvell's Mulch-It
- *Support a local Mundelein Business -100% natural with NO added fillers
- *Unlike most big box store's bagged mulch
- -Triple processed regardless of color
- -All dye used is 100% biodegradable
- *Safe for environment, children, and pets
- -Each bag contains 2 cubic feet of premium hardwood mulch (40 lbs.)

How Much Do You Need?

- 1) Measure the amount of square footage you are looking to cover.
- 2) Measure any rounded areas as squares.
- 3) Consult square footage chart below to determine how many bags you need

Chart based off spreading mulch 2" thick **If you have never mulched the area before, double the thickness**

of Bags Coverage

1	12 sq/ft
5	60 sq/ft
10	120 sq/ ft
15	180 sq/ft
20	240 sq/ft



Girls Lacrosse Coaches Corner

Mundelein Lacrosse is 2-2! We just celebrated our senior night on 4/10 with an awesome 18-5 win against McHenry! Congratulations to all the seniors and their parents for all their hard work and dedication. We solidified that victory with a delicious Team Dinner sponsored by Auntie Mame's Food Truck in the North Parking lot



Boys Track Coaches Corner

On Thursday Boys' Track ran against Warren and Libertyville at Mustang Stadium. Our Mustangs lost to Warren 80.67-56.33, and beat Libertyville 86.5-50.5. We received wins by Javy Mata in the 800m, Alberto Diaz in the 1600m, and Tom Russ in the 3200m. Gotta mention freshman James Glaskin-Clay, who broke 12 minutes in the 3200m for the first time, dropping 40 seconds from his PR! A great way to start the outdoor season.

Two days later we traveled to Schaumburg to compete in a two level (F/S and Varsity) invitational. We finished 7th out of 8 teams on both levels, but had some really great performances. The top race of the day was the Varsity 4 x 100m relay. Reece Dylan Cruz, Julian Eagar, Nick Selimos, and Marcel Siepko teamed up to

take 3rd in a quality field. Their time of 44.18 is the fastest in several years, and only 1.18 seconds off the State Qualifying mark, with over a month still left in the season! Also at the varsity level, Alberto Diaz dropped 11 seconds from his PR in the 3200m, running 10:02 and taking 4th. Our sprinters shined in the 100m, with Marcel Siepko taking 4th and Reece Cruz taking 6th. Marcel came back to take 5th in the 200m. Also having a massive PR was Tom Russ, who ran 4:51 in the 1600. At the F/S level, the top performer was Will Vilchynskyy, who took 4th in the Shot Put and 2nd in the Discus. Two performances which deserve mention were in the F/S 4 x 400m relay. Dominic Seminaro ran his first race at 400m, and showed real heart by closing the gap on all his competitors. In the same race, Adam Hauf stepped up to fill in for a missing athlete, and ran with real heart. This despite running a great race in the 200m just 5 minutes earlier. That's true toughness, and personal sacrifice for the sake of the team. Great job, Adam, Dom, and all of the Mustangs!

Monday we traveled to Waukegan to compete against both Waukegan and Zion-Benton. While we lost to Z-B, we beat Waukegan, and had some noteworthy efforts. Kevin Moyer and Ian Xu went 1-2 in the High Jump, each posting lifetime bests of 5'10" and 5'8". Will Villchynskyy posted huge PRs in both the Shot Put and Discus. In the Shot Put Will PRd by over a meter, throwing over 42'. In the Discus, Will PRd by over 10', throwing 115'5". The biggest surprise of the day came from Danny Shannon, who volunteered to run the 800m for the first time, and came away with the win in 2:21. Great job, Mustangs!

Our big week continues Thursday with the Lane Tech Pizza Relays, followed by our annual trip to Springfield to compete in the Capital City Invitational on Saturday. It's A Great Day To Be A Mustang!

Last week we received the check from the Mattress Sale Fundraiser we ran in March. Thank you to everyone who supported us and donated to the Boys Track Team. We raised over \$5000!



Girls Soccer Coaches Corner

Mundelein Girls' Varsity Soccer enjoying a tasty treat at Dairy Queen in Streamwood as the squad enjoyed a great week of play by defeating #8 Deerfield (2-1), Larkin (4-0), and Niles North (2-1). The Mustangs (5-2-0) are currently ranked #21 in the latest Chicagoland Soccer rankings.

We also celebrated Coach Payton Berg's birthday on Friday for a much deserved party of donuts and birthday hats for her day! Thank you for all that you do to make our program successful Coach Berg!



Freshmen - Busy week for our Freshman girls soccer team. Monday we were hosted by Highland Park and took a group photo after our team commented on their great sportsmanship. Tuesday we remained undefeated at home after a 1 goal victory thanks to a penalty shot by Dayanara Abrego and a clean sheet by goalie Paola Vargas.



Girls Softball Coaches Corner

The Mundelein Softball Program has had a great week full of highlights! Last Friday, our program had the privilege of attending the Northwestern v. Penn State softball game last Friday where the 'Cats secured a W.



On Saturday, the Varsity team swept Glenbrook South 15-5 (5 innings) and 14-6. We began this week with our conference home opener vs. Stevenson where the team rallied in the bottom of the 7th to come back from a 3 run deficit. Mila Photopoulos (sr) had the walkoff hit to secure the win!



On Tuesday, the Varsity team beat Warren 8-4 handing the Blue Devils their first loss in conference play in 4+ years. Karina Benes (jr) had a solo HR and Claire Connelly (so) had a 3-run HR. Shae Johnson (fr) went the distance on the mound and helped her team at the plate going 2-3 with 2 RBI. Freshman Kieley Tomas was 3-4 in her plate appearances and made an ESPN top 10 worthy catch to end the game.

On Wednesday, we celebrated Mila Photopoulos continuing her softball career at University of Wisconsin – Eau Claire at MHS Spring Signing Day. Go Blugolds!





The Mustangs will wrap up the week with an away game at Maine West on Friday and a home doubleheader on Saturday, April 15th vs. Glenbrook North – games are scheduled for 10am and 12pm. Please come out and cheer us on!

Girls Track Coaches Corner

Congratulations to Sharron on signing to throw at Miami University (OH) next year! So proud of you!



A Big Thank You to Zion Benton for hosting a great meet on Monday night! We saw a number of great performances in our first outdoor meet and beat both Zion-Benton and Waukegan! Way to go, Mustangs! Track is fun, tell everyone! Results: https://athletic.net/TrackAndField/meet/504921/results

And now up to date Congratulations to this week's Athletes of the Week - Addison K. (Captains) and Emely R. (Coaches)



Another one from indoor.... Congratulations to Athletes of the Week - Nicole C. (Captains) and AP B. (Coaches)



So... we're behind on our Athlete of the Week recognition. This is from back during indoor Congratulations to Dayanara A. (Captains) and Vivi G. (Coaches) !



The Foundation





The Mundelein Foundation is seeking new members! Do you have one night a month to make a difference?

Contact Jennifer for more information on how you can have some fun helping the next generation: 847-987-7955 or <u>brunkow4@sbcglobal.net</u>

Previous Reminders

ASPIRE

Our <u>MHS Portrait of a Learner</u> tenets affirm student identity through schoolwide values, expectations and practices.

MUNDELEI HIGH SCHO

ALL learners in our community ASPIF today and prepared for tom

Portrait of a Learner:

AGILE-we adapt to any situation

SELF-ASSURED-we show up, stand up and/or speal

PROACTIVE-we make things happen

INFORMATION SEEKING–we seek, acquire, and eval multiple perspectives

RESILIENT-we make the most of challenges and over

EMPATHETIC-we value the feelings of others by put situation



MUNDELEIN HIGH SCHOOL

TODOS los alumnus de nuestra comunidad ASPIRAN e preparados para hoy y preparados para mañana.

El retrato de aprendiz:

ÁGILES–nosotros nos adaptamos a cualquier situación

SEGUROS DE NOSOTROS MISMOS-nosotros estamos presents, son Valientes, y somos vocales

PROACTIVOS-nosotros aseguramos que las cosas sucedan

INFORMADOS-nosotros buscamos, agregamos, y evaluamos la infor de varias perspectivas

RESILIENTES-nosotros aprovechamos de los retos y superamos la adversidad

EMPÁTICOS-nosotros valoramos los sentimientos de los demás por ponerse en su lugar



Dress Code

Although we take great pride in a dress code that encourages self-expression, we do want to remind students of our student dress code policy as found in our <u>student</u> <u>handbook</u>.

- Clothing <u>must</u> cover all undergarments (waistbands and straps excluded).
- Fabric covering all private parts must <u>not</u> be seen through.
- Clothing that depicts, advertises or advocates the use of alcohol, tobacco, marijuana or other controlled substances **is prohibited.**

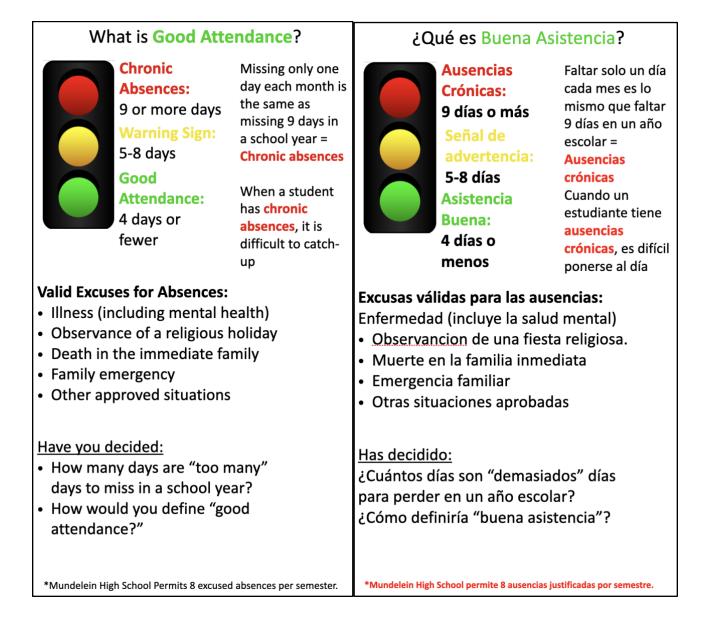
• Clothing that depicts pornography, nudity or sexual acts is prohibited.

Attendance

Regular school attendance is required and necessary to develop the academic and intrapersonal skills needed for success. Students are expected to attend each class and be on time. Students who attend school regularly have been shown to achieve at higher levels than students who do not have regular attendance. If your student is going to be absent from school, please call the Attendance Line 847-949-2200 ext. 1998 (Spanish) ext. 1999 (English) by 10:00 am.

What is Good Attendance?

Our MHS Attendance Committee felt it was important to create a simple and clear visual that students and families can reference to understand our expectations surrounding what good attendance looks like.



Bus Notifications

Would you like to know when your student's bus is going to be late? For Mundelein bus routes, Lakeside Transportation is using the Bus Bulletin notification system to notify parents and students when there are bus delays and schedule changes. For more information, or to sign-up and start receiving notifications, please visit: www.busbulletin.com/parents (*Find Mundelein Area Schools when prompted for a district*) *Note - This is managed by Lakeside Bus Company and not MHS.

Technology Use

Students will utilize technology to support their learning in class. Students are reminded to use their Chromebooks and cell phones appropriately at all times. For

further information about technology use, please refer to the student handbook located on the District web page - <u>2022-2023 Student/Parent Handbook</u>

Go Mustangs!



The Principal's Blog: Mustang News is now available at http://mundypride.blogspot.com/