

Join Bulldogs Spirit Poms and Dance for its 13th Season of Poms and Dance in Fall 2024!

Want to show off your tumbling, jumps or stunting skills, learn dance and show your spirit? Trying dance out for the first time? We'd love to have you join!

Want to compete in Regional and National Championships? We do not start practice until August, and practice once a week. Full payment is not due till June 1. We teach dancers from 12-plus towns in McHenry and Lake Counties.

We are a recreational, non-for-profit dance organization that competes in local competitions, and we love to participate and perform in fun community events. We are open to ALL girls and boys from Pre-K - high school in all communities, all schools and homeschoolers.

Practices are held at local facilities, with chances to win bids to local competitions and an OPTIONAL nearby out-of-State competition with our award-winning choreography! Caring, dedicated, experienced volunteer staff that have been active in your local community for decades! We value our dancers' and families' input, and we are a bully-free, drama-free zone that is SO much more than dance teams!

Competition registration fee includes: Uniform/costume (that you keep!), dance instruction provided by our Coaches for free, insurance for each dancer, Season-end trophy, competition registration fees*, and much more!

Fall Competition Season: Runs from mid-August to mid-December

Baby Bulldogs (2-4 yrs.), \$200

Mondays, 5:30-6pm

Our Showcase Group that teaches our littlest ones the foundations of dance (Royal Academy of Dance curriculum implemented), as well as opportunities to perform, and professional photos taken like our competition teams! Parade/participation opportunities as well and year-end awards ceremony performance!

Princess Poms (K), \$460

Mondays, 6-6:45pm

1-2 Competitions plus performance

opportunities! Poms/Jazz/Tap taught in the Fall, a SUPER combo class with Creative Movement and fun! Purple Team (1st-3rd), \$570 **Mondays**, 6:45-8pm 3-4 Competitions plus performance opportunities! Silver Team (4th-5th), \$570 Tuesdays, 5:45-7pm 3-4 Competitions plus performance opportunities! Platinum/Premier Team (Jr. High-High School), \$600 Tuesdays, 7-8:30pm 3-4 Competitions plus performance opportunities!

Compare our prices to other nearby youth sports/program prices, we're the BEST deal around! Make your OWN payment plan, as long as fees are paid by 6/1!

We have MANY ways to save! (Discounts cannot be combined)

- 10% discount if you are looking for a NEW sport and trying us for the FIRST time! (Proof needed that you were in a sport Spring 24')
- 15% discount for dancers with military and first-responder parents

- 10% discount for returning dancers and siblings!
- 10% discount for bringing a new friend (for both dancers)/referrals!
- SEASON FEES WAIVED if you bring in 5 or more new dancers (Applies to Princess Premier)

Since 2018, Bulldogs Spirit Poms and Dance has won over 100 Regional, National

Championship Wins, Bids and Awards, with invitations to perform and compete in Florida and New York as National Dance Grand Champions!!

Come see why we serve Lake and McHenry County as we "Dance With Heart"!

www.bulldogsspiritpomsanddance.com