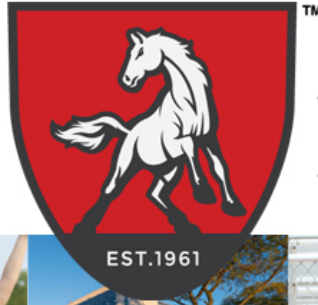


MUNDELEIN



HIGH SCHOOL



MHS CORE VALUES: EQUITY GROWTH COLLABORATION

A weekly principal's blog to share what is happening at Mundelein High School!

For a copy of the blog in google drive- [click here!](#) [espanol aqui!](#)

Friday, November 11, 2022

Mustang News: Principal's Blog

Mustang Families,

Mundelein High School recognized Veterans Day this morning with a brunch for veterans living in the surrounding communities as well as an honor walk within the building. Our Keynote speakers for the brunch were Krista Wolfer, US Army Veteran who was also a former security officer at MHS, Kevin Quinn, US Air Force Veteran and current MHS Director of Facilities and Maintenance, and Jackson Zerillo, US Navy enlistee from our MHS class of 2023. This event was one of the largest Veterans Day recognitions in the area as we honored over 100 veterans in attendance. We also recognized Veterans Day by displaying American flags around the perimeter of the school. On behalf of Mundelein High School to all of our Veterans near and far, we say “THANK YOU for your service to our country!”



In partnership,
Alexandria Rios Taylor

Principal

847-949-2200 x1230

ataylor@d120.org

Important Dates

Nov 23 -25 No School



Upcoming

Transition Night for Students with Disabilities

Access & Disability Resource Center at the College of Lake County

Wednesday, Nov. 16, 6pm – 8pm, Grayslake Campus, C105

On Wednesday, November 16th, The Access & Disability Resource Center at the College of Lake County will host a transition night to assist students with disabilities with transitioning to college. Deciding to attend college is a huge life step, and navigating the college environment with a disability can at times, be a daunting task. Come and learn how disability services change once high school ends, how students may gain support and accommodations, and how students lead the way. Let our office help!

College and Career Navigators will be on hand to answer questions about enrollment!

6pm – “Transitioning to College for the student with a disability” Room C105

Thomas Crowe, MSW, Director, Access & Disability Resource Center

This session will cover what students and parents will need to know about applying, gaining, and using accommodations in higher education. Not only do the changes in the law play an important role in how accommodations are acquired, but the role of the student and their interaction with college staff is equally, if not more, vital in this process. While CLC is discussed, the information from this session can be used throughout the country, and is applicable regardless of the college you choose!

6:45- 8pm – Meet with ADRC staff Room - B171

While all of CLC’s ADRC staff meet with students to acquire accommodations, each have a specialty, and in these sessions, each of the ADRC staff will be available to answer your specific questions, whether it be about assistive equipment, sign language interpreters, note takers, low vision aids, etc.. Accommodations in higher education are tailored to an individual, and we’re sure you have questions! Pop in, get to know us, and ask away!!

No RSVP needed - Should you have any questions, or need accommodations, please contact our office at ADRC@clcillinois.edu or at 847.543.2474

College of Lake County
Grayslake Campus
19351 W. Washington St.
Grayslake, IL 60030

Class of 2023 Important Information

Seniors, click [here](#) to read important information regarding graduation!

IMPORTANT Class of 2023 INFORMATION

Recognition

This past weekend we hosted our first – and *the* first – VEX Robotics Competition in Illinois! This year, through the generosity of our sponsors, Sirius Automation and the Gene Haas Foundation, we were able to have six teams from Mundelein HS and one team from Carl Sandburg MS. With 30 teams from 8 different organizations, it was a fierce competition and Mundelein represented well.

One of our Mundelein HS teams, 499M Megamind, finished with a 5-1-0 record in the qualifying matches and secured the 4th seed alliance in the elimination matches. After close matches with other alliances including the 1st seed alliance, **499M emerged victorious and became the Tournament Champions!** They also won the Design Award which is given to the team that has the best documentation of their work. With this, 499M secures a spot at the state championship in March. The other teams at Mundelein HS will attempt to follow their footsteps when we host our next competition in January.



Congratulations to our winning team: Evelyn McNulty, Jill Kennicott, Samantha Nevergall, Freddy Song, Johnny Anno, Caleb Beversdorf, and Keith Coleman.

MUSTANG PRIDE AWARD RECIPIENTS

The Mustang Pride Award is a special award as it is awarded to deserving students who have displayed one of our D120 Profile of a learner tenets. These tenets challenge students to **ASPIRE** (be **Agile, Self-assured, proactive, Information-seeking, Resilient and Empathetic**). Congratulations to our 2022 MHS Mustang Pride Recipients below!



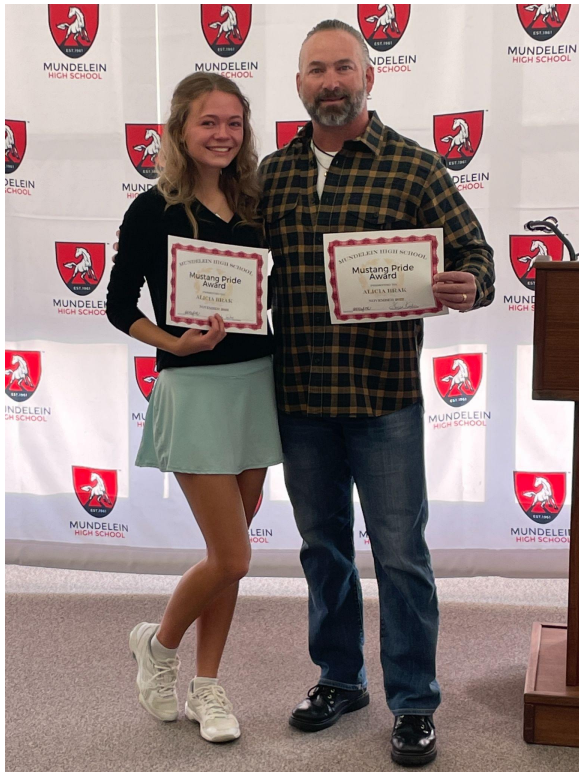
Vivian Favela

Presented by Jim Drier



Julia Ferrin
Presented by Jerry Shelato





Alicia Brak

Presented by George Kaider and John Cowhey



Aubree Cabalquinto & Diana Nanos

Presented by John Cowhey



Iryna Kovalchuk
Presented by Aracely Lawrence



Nicholas Osorio
Presented by Alina Rolfe

Not pictured

Gracyn Gigiano

Presented by Andrew Hood



Special thanks to our Board of Education member, Dr. Rastrelli, also in attendance!

Wellness Boost

Our fall wellness boost is coming up next week! As students you are constantly asked to pour your energy into something, whether it is school, work, friends, or family. It can be very overwhelming and can take some joy out of your life. Have you ever just felt like your energy and happiness cup is empty? Next week you will learn about how self care can help you keep your happiness cup full! Each day will focus on a different section of the self-care wheel. To get a jump start, let's have a workout weekend. Take time next weekend to engage in a physical activity. Come in Monday morning ready to check off that box on the self care wheel and be ready to fill your cup! Check out the graphic below for the spirit day and activities each day!

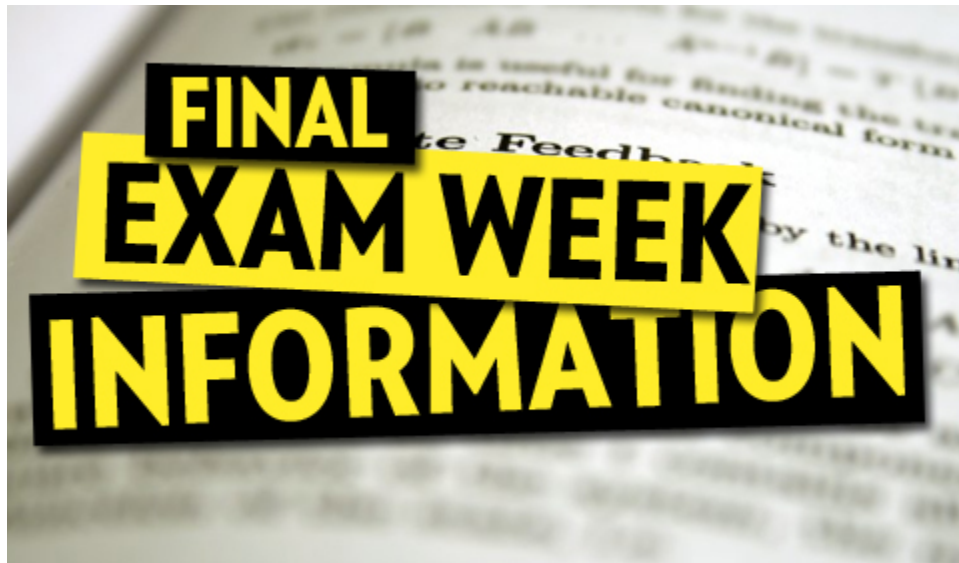
WELLNESS BOOST

NOVEMBER 14-18

DURING ALL LUNCH PERIODS

MONDAY	Wear Green for Mental Health Monday + Mindfulness in the Auditorium
TUESDAY	Pajama Day while tapping into your interests + Movie in the Auditorium
WEDNESDAY	Monochrome (One Color) to honor One Word Wednesday + One Word Activity in the Commons
THURSDAY	Jersey Day to rally for your Team Thursday + Student Support Team Raffle in the Commons
FRIDAY	Spirit Day and gather 'round for Friendship Friday + Gratitude Activity in the Commons

Final Exam Information



Click [here](#) for final exam information! See schedule below.

	Wednesday (12/21/22)	Thursday (12/22/22)
8:40 am - 9:35 am	Period 3	Period 4

9:40 am - 10:35 am	Period 1	Period 2
10:40 am - 11:35 am	Period 7	Period 8
11:40 am - 12:35 pm	Period 5	Period 6
1:20 pm - 3:20 pm	*Exam Makeups as needed Assessment Center open	*Exam Makeups as needed Assessment Center open

Veterans Day Recognition



CCRC

Thank you to all the students who participated in Military Week by learning how the military could be a future career for you and by supporting our troops!

Students! MHS Alumni (College Ambassadors) are coming back to talk to YOU about their college experiences on **TUESDAY, November 22!** You are invited to join us in the CCRC to talk to these remarkable students throughout the day. We are hosting focused discussions to encourage some useful conversation and we hope that you will leave feeling ready for anything!

We will have Ambassadors here representing The University of Illinois, New York University, Bradley University, Illinois State University, Purdue University, Lake Forest College, Augustana College, The College of Lake County, Northwestern University, and The University of Nebraska Lincoln.

Check your email for more information!

Athletics

Girls Swim/Dive Coaches Corner Rahul Sethna

Congratulations to the Girls Swimming and Diving team for their 2nd place finish this past weekend at the IHSA Sectional Swimming and Diving Meet. Qualifying for state was Riley Routledge who won both the 500 Free and 200 IM in which she is currently ranked 6th and 22nd respectively going into the state finals. Amelia Willis also qualified for the state meet in the 100 Backstroke shattering the school record and is currently ranked 9th going into the state finals. The Mustangs also had a near miss in the 400 Freestyle relay (Riley Routledge, Gracyn Gigiano, Nadia Emso, Amelia Willis) in which they missed qualifying for state by 26/100 of a second and finished 2nd. Other Sectional Medalists included: 200 Medley Relay (3rd- Amelia Willis, Riley Routledge, Gracyn Gigiano, Ruby Puerzer), Charlotte

Oliver (4th-Diving), Nadia Emso (3rd-200 Freestyle), Amelia Willis (3rd-100 Freestyle), and the 200 Freestyle Relay (4th-Mimi Puerzer, Kate Hill, Nadia Emso, Gwen Alviar). Riley and Amelia compete at the state meet this weekend at FMC Natatorium in Westmont to cap off what has been a great season for the young Lady Mustangs.



COACH OF THE YEAR!

Congratulations to Coach Melissa Sethna for being awarded Sectional Dive Coach of the year.



Girls Cross Country Coaches Corner Carsyn Rodriguez

After setting a new lifetime PR and qualifying for State at Sectionals, Praise Oyebanji left it all on the course at State. On a muddy course in extremely windy conditions, she competed hard and finished 127th overall out of 234 runners. Praise was the first qualifier for Mundelein Girls Cross Country in 10 years, and it was her first time qualifying for State as well. We are so incredibly proud of her for finishing her high school XC career on such a high note, and for being such an outstanding athlete and leader on the team the past 4 years. The entire weekend, from the State walk to traveling down to Peoria again, was so exciting and a great end to an unforgettable season.





Boys Cross Country Coaches Corner Kurt Rutz

This past weekend was the official end of the cross-country season as we competed in the IHSAA State Meet in Peoria. Our sole qualifier, **Javier Mata** saved his best for last, as he ran a fantastic race, taking 39th overall against the best runners in the State. Javy's time was 15:41- not what he was hoping for, but as we impressed upon our runners, it's not about the time, it's about the place. Course conditions were terrible, as we had a lot of rain in the 24 hours previous to the meet. The five races before ours turned the course into a muddy, sloppy, slippery mess. Temperatures dropped all day long, and with winds topping 30 MPH at times, the race itself was a test of toughness, and Javy was as tough as anyone. As usual, Javy ran the race plan

perfectly, being in the top 40 at the mile mark. Javy pushed the back loop, moving up to around 32nd at one point, before holding on for 39th. When the mud washed away, here are some of the important accomplishments Javy achieved:

- 5th place among sophomores, beating several he had not beaten previously
- 5th finisher from our sectional
- 2nd finisher from our conference.

A great end to a great season, both for Javy, and our team.



Showing their support, a large portion of our team traveled to experience the State Meet first-hand. We were also honored to have alumnus Tom Richardson come out to support us. Tom is Class of '74, and though we had spoken a few times, this was our first opportunity to meet.



Meanwhile, post-season activities have already begun. We have six of our F/S runners traveling to Terre Haute Indiana to compete in the Nike Cross Regional meet (NXR) meet this coming Sunday. Locally, James Glaskin-Clay ran a great race in the Hot Chocolate 15k in Chicago, taking 4th in his age group while Nick Schwenk won a 5k in Antioch. Way to represent Mustangs and best to those traveling to Terre Haute!



Winter running will start the Monday after Thanksgiving for anyone interested in conditioning, getting ready for Spring track or exploring winter running. Contact Coach Rutz at krutz@d120.org with any questions.

LETTERS OF INTENT

Baseball - Athletic Department

Congratulations to our two baseball players, Ryan Geraghty & Bennett Musser who plan on continuing their athletic and academic careers at their perspective choice of schools

Ryan heading to Wichita State University and Bennett going to Valparaiso University

Mustangs Nation is proud of you both!







Previous Reminders

Attendance

Regular school attendance is required and necessary to develop the academic and intrapersonal skills needed for success. Students are expected to attend each class and be on time. Students who attend school regularly have been shown to achieve at higher levels than students who do not have regular attendance. If your student is going to be absent from school, please call the Attendance Line 847-949-2200 ext. 1998 (Spanish) ext. 1999 (English) by 10:00 am.

What is Good Attendance?

Our MHS Attendance Committee felt it was important to create a simple and clear visual that students and families can reference to understand our expectations surrounding what good attendance looks like. See below for more information.

Bus Notifications

Would you like to know when your student's bus is going to be late? For Mundelein bus routes, Lakeside Transportation is using the Bus Bulletin notification system to notify parents and students when there are bus delays and schedule changes. For more information, or to sign-up and start receiving notifications, please visit: www.busbulletin.com/parents (*Find Mundelein Area Schools when prompted for a district*) *Note - This is managed by Lakeside Bus Company and not MHS.

Technology Use

Students will utilize technology to support their learning in class. Students are reminded to use their Chromebooks and cell phones appropriately at all times. For further information about technology use, please refer to the student handbook located on the District web page - [☰ 2022-2023 Student/Parent Handbook](#)

Go Mustangs!



The Principal's Blog: Mustang News is available weekly at
<http://mundypride.blogspot.com/>