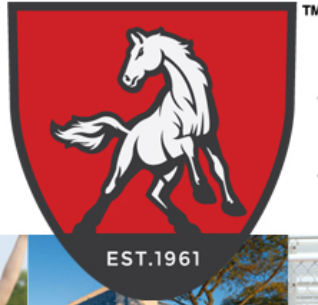


MUNDELEIN



HIGH SCHOOL



MHS CORE VALUES: EQUITY GROWTH COLLABORATION

A weekly principal's blog to share what is happening at Mundelein High School!

For a copy of the blog in google drive → [click here!](#) [español aqui!](#) [پہاں اردو](#)

Friday, November 4, 2022

Mustang News: Principal's Blog

Mustang Families,

Classroom attendance is considered to be an integral part of the student's course of study. When absences occur, it is important to note the following:

- Time lost from the classroom is essentially irretrievable; the experiences, discussions and the uniqueness of the classroom learning process require school attendance.
- Establishing good attendance habits better equip young people toward being productive members of society.
- Once a student misses eight full days of school, the school may require a doctor's note on file in order for each absence to be excused.
- If a student has more than eight days of excused absences, the student support teams are actively providing the student and family with appropriate intervention.

A Time to Give Thanks

As we enter this month of gratitude, I'd like to take a moment to thank:

- Our **students and families** for making daily attendance and learning a priority.
- Our **fantastic instructional staff** who pour their energy into making each classroom an exciting place to learn.
- Our **nurses and security team** who take the precautions necessary to keep students healthy and safe.
- Our **certified staff and student support teams** who provide the extra hands and attention our students need.



In partnership,
Alexandria Rios Taylor

Principal

847-949-2200 x1230

ataylor@d120.org

Important Dates

Nov 8 - No school (Election)

Nov 10 -Mustang Pride Breakfast

Nov 11- Late Start (9:40am)

Nov 11 -Veterans Day (more info below)

Nov 23 - No School (Thanksgiving break begins)

Friday Focus

Click [here](#) to watch this week's Friday Focus.

Upcoming

Transition Night for Students with Disabilities

Access & Disability Resource Center at the College of Lake County
Wednesday, Nov. 16, 6pm – 8pm, Grayslake Campus, C105

On Wednesday, November 16th, The Access & Disability Resource Center at the College of Lake County will host a transition night to assist students with disabilities with transitioning to college. Deciding to attend college is a huge life step, and navigating the college environment with a disability can at times, be a daunting task. Come and learn how disability services change once high school ends, how students may gain support and accommodations, and how students lead the way. Let our office help!

College and Career Navigators will be on hand to answer questions about enrollment!

6pm – “Transitioning to College for the student with a disability” Room C105

Thomas Crowe, MSW, Director, Access & Disability Resource Center

This session will cover what students and parents will need to know about applying, gaining, and using accommodations in higher education. Not only do the changes in the law play an important role in how accommodations are acquired, but the role of the student and their interaction with college staff is equally, if not more, vital in this process. While CLC is discussed, the information from this session can be used throughout the country, and is applicable regardless of the college you choose!

6:45- 8pm – Meet with ADRC staff Room - B171

While all of CLC’s ADRC staff meet with students to acquire accommodations, each have a specialty, and in these sessions, each of the ADRC staff will be available to answer your specific questions, whether it be about assistive equipment, sign language interpreters, note takers, low vision aids, etc..

Accommodations in higher education are tailored to an individual, and we're sure you have questions! Pop in, get to know us, and ask away!!

No RSVP needed - Should you have any questions, or need accommodations, please contact our office at ADRC@clcollinois.edu or at 847.543.2474

College of Lake County

Grayslake Campus

19351 W. Washington St.

Grayslake, IL 60030

Recognition

National School Psychology Week

National School Psychology week is celebrated November 7-11 this year! MHS is lucky to have an exceptional psych team who work hard on important and impactful tasks for our students every day.

From The National Association of School Psychologists: "School psychologists are uniquely qualified members of school teams that support students' ability to learn and teachers' ability to teach. They apply expertise in mental health, learning, and behavior, to help children and youth succeed academically, socially, behaviorally, and emotionally. School psychologists partner with families, teachers, school administrators, and other professionals to create safe, healthy, and supportive learning environments that strengthen connections between home, school, and the community."

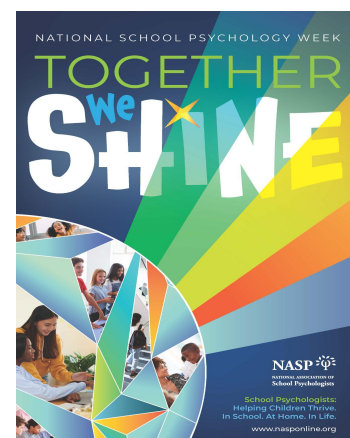
Thank you to our School Psychologist Team:

Mrs. Marisa Graham

Ms. Sarah Horwich

Mrs. Krysta Penuel

Mrs. Maria Tovar



We are so grateful for your work!

Wellness Boost

Our fall wellness boost is coming up next week! As students you are constantly asked to pour your energy into something, whether it is school, work, friends, or family. It can be very overwhelming and can take some joy out of your life. Have you ever just felt like your energy and happiness cup is empty? Next week you will learn about how self care can help you keep your happiness cup full! Each day will focus on a different section of the self-care wheel. To get a jump start, let's have a workout weekend. Take time next weekend to engage in a physical activity. Come in Monday morning ready to check off that box on the self care wheel and be ready to fill your cup! Check out the graphic below for the spirit day and activities each day!

WELLNESS BOOST

NOVEMBER 14-18
DURING ALL LUNCH PERIODS

MONDAY **Wear Green** for Mental Health Monday
+ Mindfulness in the Auditorium

TUESDAY **Pajama Day** while tapping into your interests
+ Movie in the Auditorium

WEDNESDAY **Monochrome (One Color)** to honor One Word Wednesday
+ One Word Activity in the Commons

THURSDAY **Jersey Day** to rally for your Team Thursday
+ Student Support Team Raffle in the Commons

FRIDAY **Spirit Day** and gather 'round for Friendship Friday
+ Gratitude Activity in the Commons

Veterans Day

Veterans Day Honor Walk

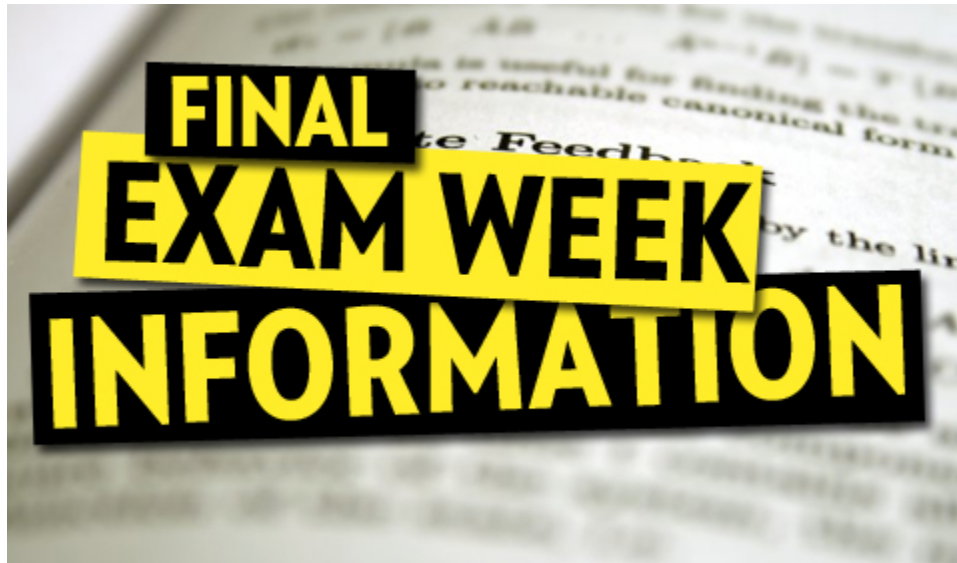
On Veterans Day, Friday, 11/11/22, we have a late start day and will also have an adjusted bell schedule. MHS students will be celebrating and thanking our military members by lining the halls as the veterans walk through our school. The veterans are also invited to the school for a breakfast in the morning.



Period	Time
1	9:40am-10:15am
Veterans Day Honor Walk	10:20am-10:40am
2	10:45am-11:20am
3	11:25am-12:00pm
4	12:05pm-12:40pm
5	12:45pm-1:20pm
6	1:25pm-2:00pm

7	2:05pm-2:40pm
8	2:45pm- 3:20pm
Dismissal	3:20pm

Final Exam Information



Click [here](#) for final exam information! See schedule below.

	Wednesday (12/21/22)	Thursday (12/22/22)
8:40 am - 9:35 am	Period 3	Period 4
9:40 am - 10:35 am	Period 1	Period 2
10:40 am - 11:35 am	Period 7	Period 8
11:40 am - 12:35 pm	Period 5	Period 6
1:20 pm - 3:20 pm	*Exam Makeups as needed Assessment Center open	*Exam Makeups as needed Assessment Center open

Need AP/ Honors Help?

Sponsored by AVID and AP Tutors

You are invited to

**AP/Honors Student
Panel and Pizza
Lunch**

**Monday, Nov. 21
ALL LUNCH
PERIODS**

MUNDELEIN ROOM

Learn more about AP/Honors classes
from students who've taken the
classes

SIGN UP:



Featured Support: Asian Culture Club, Black Student Union, Diversity Club, Puertas, SALT



CCRC

Next week is Military Week! Mundelein High School will be honoring all military branches! The CCRC is hosting events to highlight ways that students can choose to further their education while serving their country along with thanking our military veterans for their service.

Monday: Military Panel- 2nd period (registration required)



Wednesday: Service Academy Presentation- 1st period (registration required)

If you are considering applying to one of the 5 US Military Academies (West Point, US Air Force Academy, US Naval Academy, US Coast Guard Academy, or US Merchant Marine Academy) you will **NOT** want to miss this presentation!

Sophomore and Junior students especially should plan to attend to learn about the application process which includes a congressional nomination! Our presenter has worked successfully with students for many years and his experience will benefit any student with interest!



Learn about the process of applying to a service academy!

Register in Naviance!



U.S. Military Academy



U.S. Coast Guard Academy



U.S. Air Force Academy



U.S. Naval Academy



U.S. Merchant Marine Academy



Thursday: ROTC presentation- 5th period (registration required)

The Reserve Officer Training Corps offers students a way to enroll directly into college following their high school graduation while receiving scholarship money! Students can receive partial to FULL RIDE scholarships through ROTC programs!

A poster for the ROTC Program Presentation. The title "ROTC PROGRAM PRESENTATION" is in large, bold, black letters. Below it, the text reads: "LEARN ABOUT SCHOLARSHIP OPPORTUNITIES THAT THE ROTC CAN PROVIDE TO YOU. THIS PROGRAM CAN ALLOW YOU TO ATTEND COLLEGE RIGHT AFTER HIGH SCHOOL WITH A SCHOLARSHIP!". The date and time are "NOVEMBER 10TH 12:05PM (5TH PERIOD) CCRC B105". At the bottom, it says "REGISTER IN NAVIANCE" next to a QR code labeled "SCAN ME". Silhouettes of four people in military-style uniforms are shown: two on the left and two on the right, one saluting.

Friday: ASVAB-7:30 AM (registration required)

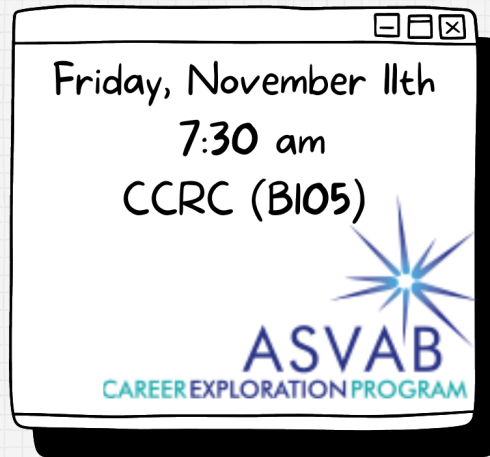
The Armed Services Vocational Aptitude Battery (ASVAB) is required by all military branches prior to enlistment, and your score on this test can also assist in determining your future career path while in service. This test is approximately 1.5 hours in length and the results can be utilized by the student to determine their career aptitude. Register now to take this test in the MHS CCRC on the morning of November 11.

Sophomores, Juniors, and Seniors!

are you interested in joining the military or would like to take a free career exploration assessment?

You are invited to take the

✦ **ASVAB** ✦
Armed Services Vocational Aptitude Battery



Register for the ASVAB in Naviance



Students are asked to pre-register for any event they would like to attend in their Naviance account. Registration will occur the same way it does for any college visit. After logging in, select "Colleges" at the top of the screen. Then select "College Visits" and scroll to the event you would like to attend. Click "Register" and confirm your registration! Be sure to put a reminder in your calendar so that you don't miss it. Head straight to the CCRC (B105) at the beginning of the class period and your attendance will be excused.

Athletics

Girls Swim/Dive Coaches Corner Rahul Sethna

Congratulations to the Girls Swimming and Diving team for their 3rd place finish at the NSC Championships. Both V and JV were 3rd in the regular season and finished 3rd at the championship meet. On the Varsity level, NSC medalists included: Gwen Alviar, Nadia Emso, Gracyn Gigiano, Riley Routledge and Amelia Willis. Riley Routledge was also NSC champion in the 100 Butterfly where she broke our existing school record! On the JV level, medalists included: Madeline Everson, Gia Feather, Gracie Greenfield, Camryn Sheehan and Kristina Spada. Gwen, Nadia, Gracyn, Riley and Amelia were all selected as NSC All-Conference with Ruby Puerzer and Hayley Williams earning Honorable Mention NSC All-Conference.

The team next competes in the Libertyville Sectional where they will try to qualify individuals and relays to the State Meet.



Girls Cross Country Coaches Corner Carsyn Rodriguez



Still crying happy tears over this one today. Praise ran the race of her life when it mattered most! A new PR of 18:32, 27th overall, and the first state qualifier for Mundelein Girls XC in 10 years! Such a strong athlete and person! 1 more week of XC & 1 more race at Detweiller!



Our state qualifier got in a great workout on Halloween and wore the most perfect costume for it. Such an exciting week for our very own superhero!



Last Week's Runner of the Week: SR Aliana Ching! Aliana has been a consistent contributor to our team for 4 years as a runner, teammate, and leader! Her strong

character and support for her team goes above and beyond! We will miss her next



year!

Last Week's Runner of the Week: SR Aliana Ching! Aliana has been a consistent contributor to our team for 4 years as a runner, teammate, and leader! Her strong character and support for her team goes above and beyond! We will miss her next year!



Great workout at Busse last week to prepare for Sectionals! We got chased away from the course as we were losing daylight, but that didn't stop us from finding a way to get our abs in before enjoying our traditional dinner at Portillo's! Fun adventures & memories with a great group!



Beyond proud of this group! Molly ran a tough race in her first appearance at Sectionals as a freshman! Praise ran a new lifetime best (by 14 seconds), placed 27th overall, and QUALIFIED FOR STATE!! Special thanks to their teammates for cheering them on! Such an amazing day!

Boys Cross Country Coaches Corner Kurt Rutz

Javier Mata punched his ticket for State by taking 15th overall at the IHSA Sectional meet held at Busse Woods! The boys' team took 13th out of 18. We were seeded 17th. The State meet will be on Saturday, November 5th at the historic Detweiller Park in Peoria.



Alumni Weekend Update:

Kaleb Carlson took 2nd for his team, and 2nd overall in the race, helping to lead Greenville University to their conference championship

Michael Keegan took 14th in his team's conference championship, contributing to the Milwaukee School of Engineering also winning the team title.

Robert St. Clair took 21st and was his team's 3rd man, as Case Western Reserve University (ranked 20th in the nation) took 3rd in their tough conference betting several schools ranked higher.

The week before, **Carter Schorr** broke 26 minutes in an 8k race at the University of Illinois for his Butler Bulldogs.

Previous Reminders

Attendance

Regular school attendance is required and necessary to develop the academic and intrapersonal skills needed for success. Students are expected to attend each class and be on time. Students who attend school regularly have been shown to achieve at higher levels than students who do not have regular attendance. If your student is going to be absent from school, please call the Attendance Line 847-949-2200 ext. 1998 (Spanish) ext. 1999 (English) by 10:00 am.

What is Good Attendance?

Our MHS Attendance Committee felt it was important to create a simple and clear visual that students and families can reference to understand our expectations surrounding what good attendance looks like. See below for more information.

Bus Notifications

Would you like to know when your student's bus is going to be late? For Mundelein bus routes, Lakeside Transportation is using the Bus Bulletin notification system to notify parents and students when there are bus delays and schedule changes. For more information, or to sign-up and start receiving notifications, please visit:

www.busbulletin.com/parents (*Find Mundelein Area Schools when prompted for a district*) *Note - This is managed by Lakeside Bus Company and not MHS.

Technology Use

Students will utilize technology to support their learning in class. Students are reminded to use their Chromebooks and cell phones appropriately at all times. For further information about technology use, please refer to the student handbook located on the District web page - [☰ 2022-2023 Student/Parent Handbook](#)

Go Mustangs!



The Principal's Blog: Mustang News is available weekly at

<http://mundypride.blogspot.com/>