

# Mundelein High School

October 2024

Monday

Tuesday

Wednesday

Thursday

Friday

1 Homemade Mashed Potatoes  
Seasoned Green Beans  
Roasted Chicken Leg Quarters

2 Chicken Pico de Gallo  
Sandwich

3

4 Wing Toss

7 Chicken Teriyaki  
Seasoned White Rice  
Fresh Stir Fry Vegetables

8 Beef Lasagna  
Parmesan Garlic Breadsticks

9 Patty Melt

10 Taco Bar

11 Wing Toss

14

15 Roasted BBQ Chicken Thigh  
Broccoli Rice Casserole

16 Spicy Fiesta Chicken Wrap

17 Beef Taco Bowl

18 Wing Toss

21 Chicken Vegetable Sitr-Fry  
Vegetable Fried Rice

22 Fried Rice  
Spicy Korean Chicken

23 Polynesian Burger

24 Beef Taco Bowl

25 Wing Toss

28 Chicken Broccoli Stir Fry

29 Roasted Pork Loin 🍷  
Oven Roasted Potatoes

30 Cheesy Meatball Sub

31 Taco Bar